

Revised January 26,2001

By C. Hanley

Canadian University Rowing Association (CURA)
PLAYING REGULATIONS – MEN'S & WOMEN'S ROWING
Canadian University Rowing Championships (CURC's)
(adopted January 26, 2001; amended January 25, 2002 and November 8, 2002)

A. TEAM COMPOSITION

Maximum of 24 rowers, 2 coxswains, 2 coaches and one manager with the following allocation:

- Men's Crew: 1 coach, 12 athletes and 1 coxswain
- Women's Crew: 1 coach, 12 athletes and 1 coxswain
- One manager for the entire program. Additional managers, boatmen, trainer, etc. will not receive official accreditation for the regatta site or peripheral events.

B. TEAM FUNDING

C. PARTICIPANTS

C.1 TEAMS

The CURA Championship will be an open championship. Each member institution may send one team. Member institutions may send individual rowers if they are unable to field a team.

C.2 IDENTIFICATION

Crews will wear uniforms conforming to the rules set out in the Rowing Canada Aviron Rules of Racing and within CIS regulations.

C.3 INDIVIDUAL ELIGIBILITY

As per CIS Rules of Eligibility and participating institutions specific guidelines subject to the following changes:

C.3.1 Academic Standing: *(added January 25, 2002)*

CURC participants must be enrolled in a minimum of 3 courses (minimum of 9 credit hours or equivalent) in the term in which they are competing. They also must successfully complete a minimum of 3 full courses or 6 half courses (minimum 18 credit hours or equivalent) during the academic year to be eligible for their next academic year.

C.3.2 Maximum Years: *(added January 25, 2002)*

CURC participants can compete for a period of 5 years. An athlete will be charged with a year of eligibility for each year of post-secondary competition in the sport of Rowing (starting in the year 2001). Complete team rosters shall be submitted to the Eligibility Committee by *20 days prior to the event*.

C.3.3 Carded Athletes: *(added November 8, 2002)*

A carded athlete and/or member of senior A or under 23 team who transfers to an institution affiliated with a national team centre shall not be eligible to compete for that institution.

C.3.4 Transfer Students: *(amended November 5, 2004)*

- a) CIS rules regarding transfers from CURA school to CURA school shall be followed. An undergraduate student-athlete who transfers from one CURA member institution to

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another, must not participate in the CURC for a period of one calendar year and will be charged one year of eligibility.

- b) A carded athlete and/or a member of a Sr. A or under 23 team who transfers to an institution affiliated with a National Training Centre shall not be eligible to compete for that institution.
- c) Students transferring from U.S. to Canada have to sit out a year before being eligible to compete.

C.4 INDIVIDUAL ENTRIES

The host institution must send entry forms to each CURA member institution **80** days before the event. The meet coordinator shall receive via email or fax the completed boat entry forms from each institution by 3.00pm P.S.T. **40** days before the first day of racing and completed team rosters **20** days prior to the first day of racing.

C.5 INDIVIDUAL RANKINGS

C.6 TEAM ENTRIES

C.7 TEAM RANKINGS

D. COMPETITION

D1. TYPE OF EVENT AND EVENT ADMINISTRATION

The location of the Championship regatta shall be decided at the appropriate meeting of the CURA. The Championship will be held in November.

The events will be as follows:

Men	Women
Open Eight	Open Eight
Open Pair	Open Pair
Open Single	Open Single
Lightweight Double	Lightweight Double
Lightweight Single	Lightweight Single
Lightweight Four	Lightweight Four

Day 1: Time trial qualification for the Day 2 four boat finals will be rowed on the race course meeting the recommended CURC standards. Times are final regardless of changes in water conditions.

Day 2: Short course finals. A, B and C finals will be rowed as necessary on a course that meets the recommended CURC standards.

D.2 DRAW, POOLS, SEEDINGS, TRIALS AND HEATS

Top twelve times qualify for the Day 2 finals.

D.3 FORMULA AND FORMAT

D.4 PROCEEDURES AND PROTESTS

D.5 SCHEDULE AND ORDER OF EVENTS

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The hosting institution will provide a preliminary schedule of racing at least one day in advance.

D.6 GAME TIMES

D.7 PRACTICE TIMES / WARM-UPS

The hosting institution will provide maps illustrating flow patterns for warm-up, cool-down, racing and training to each participating team and post them at the official rowing venue before practice times commence. The venue should be viable for crews to practice on the course with in their assigned boats the day before racing begins.

D.8 OVERTIME AND TIME-OUTS

D.9 TIE-BREAKING

D.10 SCORING AND STANDARDS

D.10.1 STANDARDS

D.10.2 SCORING (Amended Oct 31, 2003)

Scoring for the team championship shall be done on an institutional basis and a women's team champion and a men's team champion shall be declared. Points per event shall be awarded as follows:

Boat Class	1	2	3	4	5	6	7	8	9	10	11	12
1X	10	6	5	4	3	2	1	0	0	0	0	0
2X	15	9	6	5	4	3	2	0	0	0	0	0
2-	15	9	6	5	4	3	2	0	0	0	0	0
4+/-	20	12	8	6	5	4	3	0	0	0	0	0
8+	25	15	10	8	6	5	4	0	0	0	0	0

D.11 RECORDS AND STATISTICS

E. EQUIPMENT AND FACILITIES

E.1 VIDEO

E.2 FACILITY AND MEET REQUIREMENTS

E.2.1 FACILITY

For the Day 2 finals of the regatta the hosting institution should make every effort to install a buoyed course of 2000m. If there are geographic, safety or fairness reasons the course can be shortened up to the minimum distance of 1750m. The course will be a maximum of 2000m.

Recommended Standards:

- Length 1750m to 2000m
- A Minimum of 4 buoyed lanes of width between 13.5m and 15m. A buoyed lane must be marked on at least one side with buoys that are ideally 10m apart but no further than 20m apart.
- The course will be clearly marked in 4 sections of equal distance, regardless of the total length of the course.

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- Fixed starting area

E.2.2 EQUIPMENT

The hosting institution will provide comparable equipment for all boat categories. The hosting institution will insure all equipment. Borrowing institutions must sign a waiver for any and all damages caused, and pay for the deductible not covered by insurance.

All electronic equipment such as coxboxes, stroke coaches, and speakers are the responsibility of each crew. Crews will provide their own oars.

There are no rigging restrictions except that the borrowing crew is responsible for returning the boat to it's original rig prior to returning the boat to the host committee.

The host institution will make public, one week in advance of the first race day, what equipment will be used by each crew.

The host institution will also be responsible for providing the following equipment and staff:

- At least one electronic calibrated scale for weigh-ins
- Electronic timing equipment
- At least 2 safety boats and equipment meeting minimum Coast Guard requirements and conforming to safety standards set out in the Canadian Rules of Racing.
- All personnel and staff required to run the regatta

E.3 NUMBERED UNIFORMS

E.4 BIBS, SOCKS, SHIRT COLOR, TIGHTS AND TOWELS

E.5 HEAD GEAR AND HELMETS

E.6 CAPTAIN'S IDENTIFICATION

E.7 DEPTH CHARTS

E.8 SPOTTER PHONES

E.9 FACILITY AND MEET REQUIREMENTS

F. RULES

F.1 RACING (amended November 4, 2005))

F.1 a) Canadian Rules of Racing as published by Rowing Canada Aviron shall apply to all events. In particular, section 5.2 Safety must be adhered to. For the Time Trial, some local traffic rules shall be in effect.

F.1 b) It is prohibited to give any instructions, advice or direction to rowers or crews, which are racing, with any electric, electronic, or other technical device, either directly or indirectly.

F.2 WEIGHING IN

Weigh-ins will occur for a **two hour** period on each race day, ending a minimum of **1** hour before the first lightweight event. Repeated weigh-ins **will not** be allowed. Weight only needs to be made for the first race of each day.

The standards for bodyweights are as follows:

Open Men	no minimum, no maximum, no average weight requirements
Open Women	no minimum, no maximum, no average weight requirements

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Lightweight Men	72.5 kg maximum with no average for all lightweight men events
Lightweight Women	59.0 kg maximum with no average for all lightweight men events
Coxswains	54.0 minimum for men's events
	50.0 kg minimum for women's events

G. MEETINGS

G.1 COACHES TECHNICAL MEETING

- a) The technical meeting for participating coaches shall be held on the day before racing begins for the following purposes:
- b) Final declaration and scratches of entries
- c) Review of course maps, flow patterns, safety rules, and emergency plan
- d) Review of weigh-in protocol
- e) Review of checking in procedure
- f) Review of the starting procedure
- g) Any other business regarding the conduct of the current meet

G.2 COACHES ASSOCIATION MEETING

G.3 COACHES CLINIC

G.4 PRESS CONFERENCE

H. OFFICIALS

H.1 FUNDED OFFICIALS

H.2 ASSIGNMENT

H.3 NUETRALITY

H.4 QUALIFICATIONS

It is essential the Rowing Canada Aviron certified officials be used at the championship, particularly in key positions such as the Chief Referee, Race Referees, Starter, Aligner, and Finish Judges.

H.5 HOST RESPONSIBILITIES

H.6 NSO'S RESPONSIBILITIES

H.7 FEES

Fees are set at \$25.00 per participant including athletes, coxswains, coaches, and managers for each school.

H.8 STAND-BY OFFICIAL

H.9 SELECTION PROCESS

H.10 ON-SITE ASSIGNMENT

I. AWARDS, TROPHIES AND BANQUET

I.1 CURA CHAMPIONSHIPS

CURA National Championships will be awarded as follows:

Canadian Men's Title	Based on Men's point total
Canadian Women's Title	Based on Women's point total

I.2 CURA MEDALS

All events will award gold, silver and bronze medals.

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1.3 ALL-CANADIANS

I.4 OUTSTANDING ROWER

I.5 ROOKIE OF THE YEAR

I.6 COACH OF THE YEAR

I.7 TSN AWARD

I.8 TOURNAMENT MVP

I.9 TOURNAMENT ALL-STAR TEAM

I.10 COACHES ASSOCIATION MERIT AWARD

I.11 OTHER AWARDS

I.12 AWARDS RECOGNITION EVENT

J. COMMITTEES

J.1 CHAMPIONSHIP MANAGEMENT COMMITTEE

J.2 JURY OF APPEAL

J.3 DELEGATES

K. APPENDICES